

Advice for Parents/Guardians regarding Cyberbullying and E-Safety

ESAFETY

Parents/guardians can seek further guidance on keeping children safe online from the following organisations and websites:

Hot topics, Childnet International:

<http://www.childnet.com/parents-and-carers/hot-topics>

Parent factsheet, Childnet International:

<http://www.childnet.com/ufiles/parents-factsheet-09-17.pdf>

What are the issues?, UK Safer Internet Centre:

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/what-are-issues>

CYBERBULLYING

Parents/guardians can follow these tips for guidance regarding prevention of cyberbullying:

- Educate Your Child: Teach them about what cyberbullying is and its impact.
- Open Communication: Encourage your child to talk to you about their online experiences.
- Set Rules: Establish clear guidelines for internet and social media use.
- Monitor Activity: Keep an eye on your child's online interactions, but respect their privacy.
- Promote Kindness: Encourage respectful and kind behaviour online.
- Know the Platforms: Familiarise yourself with the apps and websites your child uses
- Use Privacy Settings: Ensure your child's profiles are set to private.
- Report and Block: Teach your child how to report and block abusive users.
- Be a Role Model: Demonstrate positive online behaviour yourself.
- Stay Informed: Keep up-to-date with the latest trends and risks in online behaviour.